

HAWKWOOD
centre for future thinking

Courses and Events

Jan – Jun '26

hawkwoodcollege.co.uk
01453 759034

100+
COURSES

Welcome to Hawkwood

**“You’ve got a place
and I’ve got an idea.”**

Those words, spoken seventy-eight years ago, began Hawkwood’s story – and the same spark of collaboration continues to guide us today.

Hawkwood is a place for ideas to grow: a centre for future thinking where creativity, wellbeing, leadership and sustainability meet. From art and craft residencies to music and writing courses, restorative retreats to ecology and leadership programmes, our work invites people to imagine new possibilities and shape a better future.

Rooted in our beautiful biodynamic estate in the Cotswolds – home also to Stroud Community Agriculture – we are proud of our long tradition of hospitality and care. We welcome over 20,000 visitors each year, providing a much needed place for growth, creativity, conversation, and exploration.

However you come to Hawkwood, you’ll find delicious, organic food, a warm welcome, and a relaxed, informal learning environment.

We look forward to welcoming you in 2026.



A handwritten signature in black ink that reads "Alicia Carey".

Alicia Carey
Chief Executive

Jan

New Year Rest & Restore

Mel Skinner

Saturday 10th January

£110

Ease into the year with deep rest, reflection and gentle renewal for body and mind.

Asymmetric Willow Basket Making

Tess Wakeling

Saturday 10th &

Sunday 11th January

£220

Create distinctive spiral-topped baskets in a relaxed weekend of contemporary willow weaving.

New Year Reading Retreat

Friday 16th - Sunday 18th January

From £360

Treat yourself to a peaceful weekend of reading, good company, and nourishing seasonal food.

Yoga, Mindfulness and Renewal Retreat

Weronika Maria

Friday 16th - Sunday 18th January

From £347

Explore the balance between stillness and momentum through yoga, breathwork, meditation and mindfulness.



Celtic Knot Trivet and Basket Making

Laurence Knoop

Sunday 18th January

£115

Learn traditional rope and knot techniques to craft a beautiful Celtic trivet and basket.

Hawkwood Huddle

A monthly networking group held at Hawkwood. Connect, share ideas and develop business and community links. Sessions will be held every third Monday of the month.

Jo Weatherall & Hawkwood Team

10am – 11:30am £9 (includes refreshments)

Monday 19th January

Monday 16th February

Monday 16th March

Monday 20th April

Monday 18th May

Monday 15th June

Self-Guided Writing Retreat

Monday 26th - Friday 30th January

From £675

Find space, silence and time to write freely – five unhurried days dedicated entirely to your words.

Eating for Resilience

Sarah Bayliss

Saturday 31st January

£115

Build metabolic resilience and vitality through practical nutrition insights with therapist and author Sarah Bayliss.



Developing the Temporal Imagination

Keri Facer and Harriet Hand

Wednesday 18th -

Friday 20th February

See our website for pricing

Examine society's time habits and expand your temporal imagination to envisage fairer, more flourishing futures.

Winter Forest Bathing

Dee Aebischer

Saturday 21st February

£50

A gentle, nature-based therapeutic practice to reduce stress and enhance wellbeing.

Experimental Drawing

Juli Bharucha

Saturday 21st February

£115

Delve into your creativity with this workshop about exploring and experimenting with drawing without the constraints of observation.



Mastering Your Circadian Rhythm

Sarah Bayliss

Saturday 28th February

£115

Optimise your health, restore balance, sleep and lasting wellbeing through connection to natural light cycles.

Introduction to Visible Mending

Skye Pennant

Sunday 1st February

£125

SOLD
OUT

Discover mindful repair techniques – darning, patching and sashiko – to give favourite garments new life.

How to Fall in Love with The Future

Rob Hopkins

Monday 9th -

Wednesday 11th February

From £310

SOLD
OUT

Inspire and unleash your radical imagination to transform your work and meet the challenges of today.

Contemporary Embroidery

Elnaz Yazdani

Friday 13th - Sunday 15th February

From £315

Learn hand embroidery techniques and creative methods to design and make your own textile pieces.

Gong Initiation Course

Aidan McIntyre and Tim Byford
Monday 2nd - Friday 6th March
From £825

Gain foundational skills, techniques and confidence to begin your gong practitioner training. The first in a three-part series with Gong Master Training & Further Journeys – attend one, two, or all three.

The Art of Poetry Facilitation: Online Course

Mary Reynolds Thompson
Thursdays at 6pm, from Thursday 5th March - Thursday 9th April
£245

Experience how poetry facilitation can enhance nature-connection practices for yourself and when working with others.

The Plot Thickens – Writing History and Mystery

SJ Parris and Abir Mukherjee
Sunday 8th - Friday 13th March
From £919

A rare in-person course with bestselling authors Abir Mukherjee and SJ Parris on writing crime and historical fiction.

Stroud Film Festival: Lost for Words

Stroud Film Festival
Tuesday 10th March
From £8

Nature becomes the central storyteller in this gentle, yet urgent, season-led journey of reconnection and reimagining.

Travel & Nature Writing

Joanna Pocock and Nick Hunt
Thursday 12th - Sunday 15th March
From £527

Write vividly about place, people and landscape - develop your voice through guided exercises and discussion.

Building Better Collaborations

Seth Reynolds and Mike Adamson
Thursday 12th March
£165

A practical workshop to build collaborative leadership skills that drive systemic social and environmental change.

Spring Rest & Restore

Mel Skinner
Saturday 14th March
£110

A nourishing spring retreat combining yoga nidra, somatic movement, and mindful connection with nature.



The Yoga of Vocal Sound

James D'Angelo
Sunday 15th March
£85

Explore the power of the voice through sound, breath and movement.

Making Poetry Personal

Jean and Martha Sprackland
Thursday 19th - Sunday 22nd March
From £521

Craft powerful poems from lived experience in this inspiring, exploratory course with award-winning poets, Jean and Martha Sprackland.

Intuitive Painting: Awakening with Spring

Christina Sadler
Saturday 21st March
£120

A calming day of intuitive painting inspired by the slow return of light, colour, and energy in the natural world.

Getting Started in Your Garden

Julie Dolphin - Exedra Nursery
Sunday 22nd March
£115

An informative day to learn the theory behind gardening for an abundant and sustainable garden.

Recorder Weekend with Palisander

Palisander
Friday 27th - Sunday 29th March
From £355

An inspiring weekend of ensemble playing and technique with the world-renowned recorder quartet, Palisander.

World as Lover, World as Self

Phoebe Tickell and Rupert Reed
Friday 27th March
From £130

Deep ecology practices and teachings connecting with Earth, nature, and self in memory of teacher Joanna Macy.

Still Life in a Day

Warren Sealey
Saturday 28th March
£118

Be guided through a still life painting, exploring all the basics of oil painting to get you started.

Running & Mindfulness

Ra Twilley
Sunday 29th March
£100

A day exploring how we can practice running in a way that includes our capacity for mindfulness.

Wind Chamber Music Course

Atéa Quintet
Monday 30th March -
Thursday 2nd April
From £445

Experience playing wind chamber music with the internationally acclaimed Atéa Quintet. Suitable for individuals and pre-formed groups.

Strings Chamber Music Course

Consone Quartet
Tuesday 7th - Thursday 9th April
From £480

Join the Consone Quartet for a historically informed exploration of Classical and Romantic chamber music.

Flavours without Borders: Supper Club & Spice Workshop

Radhika Howarth

Friday 10th & Saturday 11th April
From £40

Immersive dining experience where every dish is paired with a story. Then a one-day workshop exploring spice blends.

Willow Lampshades

Tess Wakeling

Saturday 11th & Sunday 12th April
£220

Design and weave a sculptural willow lampshade with natural materials.

Introduction to Leatherwork

Ruth Pullan

Sunday 12th April
£145

Dye, finish and hand stitch leather using the traditional two needle saddle stitch.

Spring Voices! Opera, Operetta and Oratorio

Pippa Dames-Longworth

Sunday 12th April -
Tuesday 14th April
From £343

Bring your chosen songs and arias – opera, oratorio, operetta – develop your vocal, dramatic and performance skills.

Making Peaceful Change: Online Course

Manda Scott

Wednesday 15th April -
Wednesday 20th May
£195

Explore inner change, collective healing and new systems thinking in a six-week journey toward peaceful transformation.

Art Journaling

Jo Beal

Friday 17th - Sunday 19th April
From £310

Unlock your inner artist combining drawing, collage and mindful reflection.

Spring Forest Bathing

Dee Aebischer

Saturday 18th April
See February entry for details.

Natural Pigments for Paints

Fiona McIntyre

Friday 24th - Sunday 26th April
From £380

Turn plant material into natural inks, and earth pigments into watercolour paint.

Propagation: Sowing Seeds and Cuttings

Julie Dolphin - Exedra Nursery

Sunday 26th April
£120

Learn how to sow seeds, take cuttings, and grow on seedlings.

Writing, Editing and Publishing Your Novel

Ally Wilkes and Cat Camacho

Monday 27th April - Friday 1st May
From £793

Write your novel: workshops and one-to-ones on structure, editing and publication.

The Green Man, Dark Earth: Evening Talk

Paul Venables

Thursday 30th April
From £8

A captivating talk on the Green Man's symbolism, mystery and modern significance.

May

Georgian Polyphonic Singing and Embodied Voice

Holly Taylor-Zuntz

Friday 1st - Sunday 3rd May
From £370

Spend a weekend exploring traditional Georgian songs, embodied voice practices, and the cultural stories behind the music.

Green Man Pottery Workshop

Juli Bharucha and Dee Aebischer

Saturday 2nd May
£135

Explore the myth of the Green Man and reinterpret an ancient legend to go in your garden.

Emergence Academy: Futures Literacy

Loes Damhoff and Alex Lambie

Tuesday 5th - Friday 8th May
From £1020

A deep dive into the capability of futures literacy that enhances your perception and teaches you how to embrace complexity.

Deep Time Walk Facilitation

Mathilde Braddock and

Robert Woodford

Thursday 7th May
From £125

Join this transformative head-heart-hands experience and explore facilitating your own walks.

Lute Songs with Emma Kirkby

Emma Kirkby, Florian Franke and Sam Brown

Friday 8th - Sunday 10th May
From £430

Explore early music and song interpretation for both singers and lutenists with internationally acclaimed soprano, Dame Emma Kirkby.

Writing Memoir: Connecting the Self to the World

Ali Millar and Luke Turner

Monday 11th - Friday 15th May
From £814

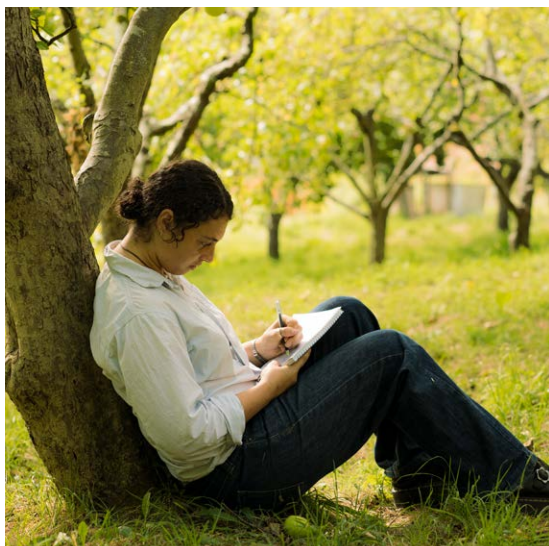
Develop your voice and craft, transforming memory, place and experience into compelling personal narrative.

Sound Wisdom Retreat

Chloë Goodchild

Sunday 24th - Thursday 28th May
From £730

A restorative retreat exploring healing sound, resonance and meditation for inner balance.





June

The Vital Body Retreat: Somatics and Breathwork

Georgie Bolam

Friday 29th - Sunday 31st May
From £340

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Restore energy and balance through mindful movement, conscious breathwork and somatic awareness.

Climate Action Lab Online Course

A series of interactive webinars exploring the importance of creativity and creative leadership in achieving effective climate action. Supported by Stroud District Council Cultural Strategy.

Guest Speakers

Weekly sessions

Tuesday 26th May - Tuesday 30th June
From £3 per session

Flutes Inspired

Elisabeth Parry and John Alley
Monday 1st - Thursday 4th June
From £515

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Explore tone, creativity and ensemble playing through flute workshops that blend inspiration, skill and joy.

Writing Gothic Fiction

CJ Cooke and Guest Tutor
Sunday 7th - Thursday 11th June
From £678

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A transformative week exploring atmosphere, folklore, darkness, and craft to unleash your most haunting gothic stories.

Composing Ecology: Music and the Natural World

James Weeks
Friday 12th - Sunday 14th June
From £350

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Explore how attentive listening to the natural world can inspire new sound and musical forms.

Summer Forest Bathing

Dee Aebischer
Saturday 27th June
See February entry for details.

String Musicianship and Body Awareness

Rachel Podger and Guest Tutors
Monday 29th June - Friday 3rd July
£610

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A practical course blending bow yoga exercises with joyful ensemble playing to enrich musical expression.

July-Dec

AT-A-
GLANCE

July

2nd - 5th July	Writing Places, People and Wildlife
6th - 8th July	How to Fall in Love with The Future with Rob Hopkins
17th - 19th July	Running & Mindfulness Retreat
18th July	Knot and Natural Dye a Macramé Plant Hanger
25th - 26th July	Future Heritage Conference
31st July - 9th August	Gong Master Training

August

10th - 14th August	Wildwood! A Family Summer Adventure
14th - 16th August	Dance the Circle Round
17th - 21st August	Self-Guided Writing Retreat
28th - 30th August	Craig Ogden Classical Guitar Masterclass
28th August	Craig Ogden Classical Guitar Concert

September

4th - 6th September	Gavin Carr Choral Weekend
5th September	Propagation Masterclass - Exedra Nursery
5th & 6th September	Willow Bicycle Baskets
10th & 11th September	Peace and Hope - Online Conference
11th - 13th September	Tango Orchestra Weekend
11th - 13th September	Tango Dancing Weekend
12th September	Leather Satchel Workshop
14th - 17th September	Songwriting and Spoken Word
17th - 20th September	Writing, Editing and Publishing Your Novel
19th September	Celtic Knot Trivet and Basket Making
24th - 27th September	The Art of The Healing Voice
25th - 27th September	Calligraphic Explorations
30th September - 4th October	Food Writing Course

October

2nd - 4th October	Ruth White Yoga Retreat
8th - 9th October	Wander - A Celebration of Walking
9th - 11th October	Finding Quiet Strength
9th - 11th October	Japanese Woodblock Printing
10th October	Autumn Forest Bathing
14th October	Deep Time Walk Facilitator Training - Hybrid
17th October	Eating for Immunity
18th October	Introduction to Swiss Darning
19th - 23rd October	Further Journeys in Gong Master Training

November

5th - 8th November	Advanced Novel Writing
6th - 8th November	Raku Fired Pottery
6th - 8th November	Still Life Painting in Oils
14th November	The Yoga of Vocal Sound
20th - 22nd November	The Naked Voice with Chloë Goodchild
28th November	Willow Christmas Decorations
29th November	Wreath Making
30th November - 4th December	Self-Guided Writing Retreat

December

2nd - 4th December	Yoga Retreat
4th - 6th December	Cosmology & Prophecy in Celtic Tradition
5th December	Festive Ceramics Workshop
7th - 11th December	Wind Chamber Music Course
11th - 13th December	Folk Fiddles Course & Festive Ceilidh

MAY DAY FESTIVAL

Monday 4th May 2026
10am – 5pm
Tickets on the door

**A day celebrating
creativity and climate
action with local food +
live music + talks + stalls
+ creative workshops +
family activities!**

Kindly Supported by Stroud District Council

**Pay
what you
can**



B&B

**Stay in our historic manor house and
wake up in the beautiful Stroud Valleys**

Enjoy peaceful rooms and access to our
42-acre estate, with breakfast included.

Perfect for short breaks, walking holidays
or creative time away.

Make your enquiry via our website:
hawkwoodcollege.co.uk
or call 01453 759034



Venue Hire

**Bring your group, team or retreat to
Hawkwood's inspiring Cotswold setting.**

Choose from light-filled meeting rooms,
creative studios and peaceful outdoor spaces,
with full catering and accommodation for up
to 45 guests.

Perfect for residentials, away days, workshops
and strategy sessions.

hawkwoodcollege.co.uk/venue-hire

How to Book

Explore our full programme and book your place via each course page on our website.

Courses include tuition, refreshments and meals. Prices shown are Early Bird non-residential rates. Full residential options, including single and shared accommodation, are listed on each course page.



Scan the QR code to go directly to the Programme menu.

Alternatively, call to book your place on **01453 759034**

Early Bird Pricing

Book early and save!

All prices on residential courses are Early Bird rates, available until two months before each course (please see individual course pages for exceptions).

18–26 DISCOVER BURSARY

If you're aged 18–26, don't miss this!

Get 50% off selected residential courses.



HAWKWOOD

centre for future thinking

**Inspiring creativity,
leadership, wellbeing
and sustainability for
a better future.**

Contact Us

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01453 759034

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Support Us

Did you know Hawkwood is a registered charity?

Every booking helps sustain our educational programmes and bursaries.

You can make a difference by donating, becoming a Friend, or sponsoring us. Find out more on the Support Us section of our website.

We are grateful for the generous support of the Francis W. Reckitt Arts Trust and Stroud District Council.

